

Breakfast November 2018

<i>Sun</i>	<i>Mon</i>	<i>Tues</i>	<i>Wed</i>	<i>Thurs</i>	<i>Fri</i>	<i>Sat</i>
				1 Caramel roll, yogurt, fruit, grape juice, milk	2 Cream of wheat, toast, fruit, orange juice, milk	3
4	5 Cereal w/ Bagel with cream cheese Apple juice, fruit, milk	6 Pancakes with syrup, egg patty, fruit, grape juice, milk	7 Egg omelet, hash browns, fruit, orange juice, milk	8 Cinnamon roll, string cheese, fruit, apple juice, milk	9 Oatmeal, toast, fruit, grape juice, milk	10
11	12 NO SCHOOL	13 Whole grain french toast with syrup, orange juice, milk	14 Blueberry or peach parfait with granola, fruit, apple juice, milk	15 Chocolate chip or blueberry muffin, hard boiled eggs, grape juice, fruit, milk	16 Cream of wheat, mini donuts, fruit, orange juice, milk	17
18	19 Whole grain cereal, toast, fruit, apple juice, milk	20 COOKS CHOICE fruit, grape juice, milk	21 NO SCHOOL	22 THANKSGIVING DAY	23 NO SCHOOL	24
25	26 Whole grain cereal, English muffin, fruit, orange juice, milk	27 Breakfast wrap, tator tots, fruit, apple juice, milk	28 Banana bread, sunflower seeds, fruit, grape juice, milk	29 Breakfast pizza, fruit, orange juice, milk	30 Oatmeal, mini long john, fruit, apple juice, milk	