

# Breakfast December 2018

<i>Sun</i>	<i>Mon</i>	<i>Tues</i>	<i>Wed</i>	<i>Thurs</i>	<i>Fri</i>	<i>Sat</i>
						1
2	3 Cereal wg Bagel with cream cheese grape juice, fruit, milk	4 Pancakes with syrup, egg patty, fruit, orange juice, milk	5 Egg omelet, hash browns, fruit, apple juice, milk	6 caramel roll, yogurt , fruit, grape juice, milk	7 cocoa wheats, toast, fruit, orange juice, milk	8
9	10 Whole grain cereal, toast, fruit, apple juice, milk	11 Whole grain french toast with syrup, grape juice, milk	12 Strawberry or Blueberry smoothie, granola, orange juice, fruit, milk	13 Cinnamon roll, boiled egg, fruit, apple juice, milk	14 Oatmeal, mini donuts , fruit, grape juice, milk	15
16	17 Cereal, breakfast bar, orange juice, fruit, milk	18 Banana bread, string cheese, fruit, apple juice, milk	19 Breakfast sandwich: English muffin, egg patty, cheese, grape juice, fruit, milk	20 Breakfast pizza, fruit, orange juice, milk	21 COOKS CHOICE fruit, apple juice, milk	22
23	24 CHRISTMAS BREAK	25 CHRISTMAS DAY	26	27	28	29
30	31	NEW YEARS DAY				