

# Lunch September 2020

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1 Hamburger deluxe with cheese, whole grain bun, pickles, baked beans, oranges, milk <b>2nd option:</b> Ham sandwich	2 Orange chicken brown rice, egg roll, roasted broccoli, peach cup, milk <b>2nd option:</b> Roast beef	3 Pizza, spinach, peppers, chocolate chip cookie, pineapple, milk <b>2nd option:</b> Bagel lunch	4 <b>Distance Learning Day</b>	5
6	7 NO SCHOOL ~LABOR DAY~	8 Chicken strips, noodles with alfredo, glazed carrots, mixed fruit, milk <b>2nd option:</b> Sun butter and jelly	9 Roast beef or ham sandwich, chips, carrots and celery, craisins, milk <b>2nd option:</b> Turkey	10 Chicken ala king, brown rice, bun, peas, pineapple, milk <b>2nd option:</b> Ham	11 <b>Distance Learning Day</b>	12
13	14 Spaghetti with meat sauce, green beans, breadstick, peaches, milk <b>2nd option:</b> Roast Beef	15 Hot ham and cheese, french fries, pears, milk <b>2nd option:</b> Cheese on a croissant	16 Fajita, tortilla, cheese, peppers and onions, romaine lettuce, spanish rice, apples, milk <b>2nd option:</b> Bagel lunch	17 Chicken burger, whole grain bun, baked beans, coleslaw, mixed berry cup, milk <b>2nd option:</b> Sun butter and jelly	18 <b>Distance Learning Day</b>	19
20	21 Soft shell taco, tortilla, cheese, refried beans, romaine lettuce, grapes, milk <b>2nd option:</b> Turkey and cheese	22 Hot beef with gravy, mashed potatoes, bun, corn, fruit cocktail, milk <b>2nd option:</b> Roast beef	23 Chicken pasta supreme biscuit, green beans, strawberry cup, milk <b>2nd option:</b> Ham	24 Cheese sticks with marinara, mixed veggies, mandarin oranges, milk <b>2nd option:</b> Bagel lunch	25 <b>Distance Learning Day</b>	26
27	28 Lasagna, cottage cheese, breadstick, green beans, grapes, milk <b>2nd option:</b> Cheese on a croissant	29 Tomato soup, grilled cheese, yogurt, carrots and celery, applesauce cup, milk <b>2nd option:</b> Sun butter and jelly	30 Roast pork with BBQ, baked beans, bun, craisins <b>2nd option:</b> Cook's choice	October 1 Chicken nuggets, french fries, pasta salad, peach cup, milk <b>2nd option:</b> Turkey	Oct 2 <b>Distance Learning Day</b>	