

Lunch January 2021

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
					1 NO SCHOOL New Year's Day	2
3	4 Popcorn chicken, french fries, oranges, milk 2nd option: Bagel lunch	5 Super nachos, tortilla chips, breadstick, lettuce, peaches, milk 2nd option: Ham	6 Sweet and sour chicken, brown rice, roasted broccoli, pineapple, milk 2nd option: Egg rolls	7 Corn dog, baked beans, apple sauce, milk 2nd option: Turkey	8 Intervention Friday	9
10	11 Tator tot hotdish, green beans, bun, apples, milk 2nd option: Tuna	12 Fajita, tortilla, refried beans, lettuce, pears, milk 2nd option: Roast beef	13 Country sausage, mashed potatoes, bun, sauerkraut, fruit cocktail, milk 2nd option: Sun butter and jelly	14 Pizza, spinach, peppers, pineapple, milk 2nd option: Cook's choice	15 Intervention Friday	16
17	18 NO SCHOOL MLK Day	19 Hamburger deluxe, tomato, onion, pickle lettuce, cheese, whole grain bun, peaches, milk 2nd option: Hot ham and cheese	20 Swedish meatballs, mashed potatoes, bun, corn, strawberry cup, milk 2nd option: Bagel lunch	21 Grilled cheese, yogurt, tomato soup, carrot and celery sticks, raisins, milk 2nd option: Cheese sticks	22 Chicken burgers, whole grain bun, baked beans, mandarin oranges, milk 2nd option: Sloppy Jo	23
24	25 Spaghetti with meat sauce, green beans, grapes, milk 2nd option: Egg salad	26 Teriyaki chicken, brown rice, roasted broccoli, pineapple, milk 2nd option: Sweet and sour chicken	27 Breakfast for lunch: scrambled eggs, french toast, hash brown, orange juice, milk 2nd option: Tac and go	28 Philly cheesesteak or turkey sub, raisins or raisins, spinach, peppers, milk 2nd option: Ham	29 Intervention Friday	